

South African

Transactional Analysis Association

& Valley Development Projects



TRAUMA AND RECOVERY:

A One day Workshop for NGOs

Joanna Beazley Richards & John Baxendale, Trauma Specialists from the UK

Tuesday 3rd November 2015, 6 Flamingo Road, Ocean View (9-4pm)

This workshop will help participants to understand how shock and trauma affect both mind and body, and sometimes keep us trapped in the past.

Joanna and John will outline the effect of childhood abuse, violence and serious accidents and offer ways to assist adults and children while protecting them from being traumatised again.

They will also suggest ways in which people working with those who have been traumatised can protect themselves from secondary trauma.

Their approach is practical and draws on the teachings of many people as well as their own experience. They will also want to engage participants in sharing their own experience of working with traumatised individuals and communities. They are always learning and wish to learn from people in South Africa too.

Joanna Beazley Richards, MSc. is a Chartered Psychologist, a registered Clinical Psychologist, a Teaching and Supervising Transactional Analyst and an Accredited EMDR practitioner. She is the principal of the Wealden Psychology Institute, UK, which she founded in 1986. She has had a psychotherapy practice for more than thirty years and is an experienced Trauma specialist.

John Baxendale, MSc. is a Provisional Teaching and Supervising Transactional Analyst and accredited EMDR practitioner. He is a director of the Wealden Psychology Institute, teaches TA and has a private psychotherapy practice.

Cost: None. Hosted by Valley Development Project with time and skills generously donated by Joanna and John.

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or

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